

THE WELL

CULTIVATING LIFE AND FAITH
FROM A DEEPER SOURCE

CURRENT SUNDAY SERIES



Wouldn't it be amazing if we had access to someone who could design the interior part of our lives... fashion us inside and out... to reflect God's vision for our us?

Holy SPIRIT

This is how we know that we live in him
and he in us: He has given us of his
Spirit.

1 John 4:13

Romans 8:1-17

Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus **the law of the Spirit** who gives life has set **you free from the law of sin and death.** ³ For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, ⁴ in order that the righteous requirement of the law might be fully met in us, who do not **live** according to the flesh but **according to the Spirit.**

⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.⁶ The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.⁷ The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸ Those who are in the realm of the flesh cannot please God.

⁹ You, however, are not in the realm of the flesh but are **in the realm of the Spirit**, if indeed **the Spirit of God lives in you**. And if anyone does not have the **Spirit of Christ**, they do not belong to Christ. ¹⁰ But if Christ is in you, then even though your body is subject to death because of sin, **the Spirit gives life because of righteousness**. ¹¹ And if **the Spirit of him who raised Jesus from the dead is living in you**, he who raised Christ from the dead will also give life to your mortal bodies because of **his Spirit who lives in you**.

¹² Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. ¹³ For if you live according to the flesh, you will die; but if **by the Spirit you put to death the misdeeds of the body**, you will live.

¹⁴ For those who are **led by the Spirit** of God are the children of God. ¹⁵ **The Spirit you received** does not make you slaves, so that you live in fear again; rather, **the Spirit you received brought about your adoption to sonship.** And **by him we cry, “Abba, Father.”** ¹⁶ The **Spirit himself testifies with our spirit that we are God’s children.** ¹⁷ Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Galatians 5:16-25

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. ²⁴ Those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

...you are in the Spirit, since the Spirit of God dwells in you.

Romans 8:9 (NRSV)

REALITY

CULTIVATE

Source that *dwells in you*
is the source *you draw from*

OUTCOME

Silence

+

Scripture

+

Spirit









PRACTICE:

+ Listening to the Spirit

5 + 10 + 5